

## About us

We work passionately for the individuals whose diagnosis restrict their futures.

We understand that traditional and generic measures only contain, dismiss and restrict the individual, rather than conducting individualised assessments and creating pathways suited to their needs for that person to thrive.

## How can caregivers improve behaviours without knowing how behaviours work?

With comprehensive training around that specific individual's behaviour, not their diagnosis, not stereotypical interventions, and not from 'awareness' courses.

## Person-centered Training for Caregivers

Are you struggling to maintain focussed attention from the individual?

Are you finding yourself 'battling' with this individual on a regular basis?

Is this individual restricted to social activities due to their behaviours?

Are you unable to effectively communicate with this individual?

Are you trying to minimise risks of high stress situations with the individual by 'containing' the best you can?

Is this individuals behaviours a barrier to their learning?

Does the individual lack self-management and/or social skills?

Do not lose faith!

**Build better relationships, reduce problem behaviours, teach skills and break down barriers... with science.**



Specialists in Positive Behaviour Support



## STEREOTYPE DRIVEN SUPPORT

Generic courses are based on the diagnosis' traits from the perspective of broad spectrums, resulting in stereotype-driven decisions that can blame the diagnosis rather than the environment and external stimuli. These are never person-centered nor built around the individual and advocate for methods that do not fit their needs and rights.



## EVIDENCE-DRIVEN SUPPORT

To find the root of the behaviour, what is causing it and what is maintaining it. Interventions that are built from evidence by that individual, rather than fitting the individual into generic interventions.


Is the person exhibiting challenging behaviour, or is it that you are challenged by their behaviour?

- Caregivers must understand that the individual has learnt to exhibit that behaviour to get their needs met. To change this, you must know the function to change your behaviour, not theirs.


- Caregivers must accept it is the actions of the environment (including people) that have shaped this behaviour.

- Caregivers have a duty of care to meet the needs of those they are providing care to. We understand the stress for caregivers too and offer further and on-going mental well-being support and counselling for caregivers, at no extra cost.

## CONTACT US:

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## OVERVIEW OF CONTENTS

- 01** Finding the root of the behaviour, what is causing it and what is maintaining it.
- 02** How to increase functional and positive skills, and reduce problem behaviour.
- 03** The importance of Prompt Hierarchies and Prompt Fading.  
The importance of
- 04** reinforcement, motivation and contrived learning.  
How to conduct:
- 05**
  - preference assessments
  - on the spot behaviour analysis.
- 06** Formulating a fully comprehensive behaviour support plan, that is evidence based.
- 07** Teaching functional communication. Verbal and non-verbal.
- 08** Understanding the functions of problem behaviour, and how caregivers could be the problem.
- 09** De-escalating challenging situations... and prevent them happening again.
- 10** Specialised teaching methods for effective learning and regulation.

## PRICE

Group of up to 20 caregivers

2x 6 hour days

£2000 (inc vat)

Location to be sourced by customer.

## FURTHER SUPPORT

Direct supervisions, reviews and up-to-date assessments.

£45ph

## NOTE:

Non behaviour professionals cannot perform functional assessments, therefore evidence based interventions cannot be obtained without one.

## ETHICS AND NON RESTRICTIVE PRACTICE:

We do not impose interventions on individuals, this training enables caregivers to improve the individual's behaviours by knowing how and why to change theirs.

We do not use punitive practice.